

Calendar of Events

Thurs & Fri 25/26 November - Year 6 Taster Days at Walcha Central School.

Wed 8th—Tue 14th December - School Swimming Scheme at Walcha Swimming Pool.

Due to the recent COVID outbreak all student excursions and day events have been postponed until further notice.

Parents/Carers and community members must adhere to COVID restrictions and remain outside of school grounds.

Woolbrook Public School

Little Learners

Transition to Kindy

Our Little Learners program is available for all children that are due to start Kindergarten next year in 2022

Little Learners will be held one day a week, every week until the end of Term 4, 2021

Please contact us on (02) 67775893 if are you interested in our program

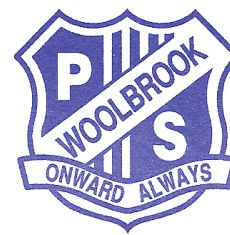
Church St, Woolbrook 2354

Phone: 02 6777 5893 Fax: 02 6777 5917

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Website: www.woolbrook-p.schools.nsw.edu.au

Rel.Principal: Janelle Smith



Woolbrook Public School Newsletter

Term 4 Week 3 Friday 5th November 2021

WOW A RAPTOR

We have received our new ride-on lawn mower!!!

The grounds of our school will be kept to pristine conditions now that we have a new Zero Turn ride on lawn mower. The new equipment will cut down on mowing time significantly. For past years the time taken on mowing the grounds has meant that other 'jobs' were pushed back until the colder months.

This new acquisition will allow our Grounds Assistant to have more time to complete other tasks around the school. Watch out for new improvements popping up around the grounds.....



School Banking

It is with regret that we inform you that the Commonwealth Bank School Banking Scheme will cease as of the end of the year. This scheme has been running since 1931 and has supported school students with the opportunity to learn about the benefits of saving, beginning from a young age. Please remember that parents/carers are still able to deposit into student accounts by visiting a branch or utilising online banking. We are unaware of any other student banking schemes available through the Department of Education.

Taster Day

Taster days for **Year 6 only** will be held on Thursday and Friday 25/26 November 2021. This will see Tiffany Towney visiting Walcha Central School for two days of activities inspiring her for next year when she will become a Year 7 student. We look forward to hearing her stories upon her return.

Virtual Lifesaver

All students have taken part in an interactive online session with a NSW Surf Lifesaver via Zoom. Students had the opportunity to ask a 'real' lifesaver questions about the beach and activities that lifesavers are responsible for. Students were apt at identifying marine life, both friendly and dangerous, getting a big 'thumbs up' from the Lifesaver.



Safe Respectful Learners

Mrs P teaches for the day!!



Our student created new Fence Friends



Good for Kids good for life

Active celebrations

It's nearly the end of the year – let's celebrate! Here are some ideas for active ways to enjoy the festive season.

🍎 Dance Party

Dress up, put on some music and dance! Make it a competition – who has the best routine?

🍎 Outdoor games

Hide and seek, tip, touch football or cricket are great games for the whole family.

🍎 Active prizes/gifts

Small balls, chalk or bubbles are inexpensive and encourage active living.

🍎 Enjoy nature

Go to your favourite park or beach to enjoy nature, walk and play. Pack a picnic with your favourite everyday foods.



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

Create screen free bedrooms

School aged children need 9-11 hours of sleep each night to help them play and learn during the day.

Did you know using screens can affect how long it takes for your child to fall asleep and how well they sleep?

Try these tips to reduce the negative effects of screens on your child's sleep:

- Avoid using screens an hour before bedtime. Wind down by reading or playing quiet games.
- Keep mobile phones and other screens in a dedicated place outside of the bedroom every night.
- Encourage your child to connect with friends earlier in the day so they are not tempted by messages and games at night.



Student Of the Week!

Arley Olsen



For her above average
(state) results in Check In
Assessment

Student of the Week!

Ryder Towney



For his explanation of his
thinking in Mathematics

Student Of the Week!

Brayden Greenhalgh



Leadership qualities with
junior students

Student Of the Week!

Ryder Towney



Working with fractions
through investigation

Good for Kids good for life

Recipe: Pasta Salad

Ingredients

- 1/4 cup pasta bows (uncooked)
- 1/2 cup cherry tomatoes, halved
- 1/2 cup snow peas or green beans, chopped
- 1/2 cup canned corn kernels, drained
- 1/4 cup carrot, finely diced
- 80g reduced fat tasty cheese, cubed or grated
- 1 tablespoon lemon juice
- 1/4 cup fresh basil, parsley or chives (optional)

Method

1. Boil a large saucepan of water.
2. When water is boiled, cook pasta according to the packet instructions until al dente.
3. Combine pasta with all other ingredients in a large bowl and stir to combine.
4. Transfer to airtight containers and store in the fridge until ready to be added to the lunchbox.



Good for Kids good for life

Dice fitness at home

Keep active at home with a game of dice fitness. You can play as a family!

Equipment

Dice

List of six exercises (on paper or a whiteboard so you can see them)

How to play:

Roll the dice and do the matching exercise (for example if you roll a '3' do a squat)

Start with one repetition of the exercise and build up with each roll (for example, on your second roll do the exercise twice)

Change it up:

Try adding an action between each roll – you could run the length of the garden and back

Use our exercise ideas below or make your own list. Get creative!

